

Salford's Study group

There are many ways planning with and for the person you love can start to happen. Early in 2004 a group of Salford Mum's heard about a conference being held in Manchester on Person Centred Planning and transition for young people.

After attending this conference and getting one of the Families Leading Planning packs they wanted to get started straight away. A way of making this happen was to support each other around the kitchen table in one of their homes and ask another Salford Mum who had planned with her son (She is a Families Leading Planning trainer) to guide them though using the pack themselves.

This is the first time that the pack has been used in this way and is a fantastic opportunity to listen to what works for families.

What have the families said about their learning experience so far?

- Having the opportunity to do this at weekends has helped people who have been working and may have missed out on opportunities for support
- It is much more relaxed.
- It feels right as - as it is local people and a local person guiding them - people know what each other is experiencing and talking about
- Having support alongside the pack is helping to keep them on track and solving problems together.