

# PERSON CENTRED PLANNING AWARENESS DAY FOR FAMILIES

The guidance on implementing person centred planning requires organisations to offer families the opportunity to learn about person centred planning on their own, away from service providers. This is a fun and informative day for family members, that offers them a chance to find out what Person Centred Planning is and what it is not. They will hear real examples and stories from other families who have used person centred planning approaches to influence change. Experienced trainers and family trainers run the day.

## What does the course cover?

The day runs - 10.00 - 2.00. This includes a lunch break.

- The Basics - What Person Centred Planning is and is not.
- What is different about Person Centred Planning?
- Key features of Person Centred Planning approaches
- Know hoe Person centred planning approaches can be used to make positive life changes for your family member.
- How can families be involved?
- Planning for the future- what can I do next
- Hear about other learning opportunities like Families Leading Planning, which will enable them to lead a plan for and with the person, they love.
- Make a start on some exercises that could lead to a plan for the person they love.

## Who is this course for?

Any family member who wants to find out what person centred planning is all about and what it could do for their family.

## What will people be able to do as a result of attending this course?

Describe what person centred planning is and is not

Decide next steps for them and the person they love

Know where to go to get more information

Know who to ask locally for support about PCP and families- Know to ask local

Partnership board to make sure they are helping families to learn about PCP and having the support to lead plans should they wish.

[www.familiesleadingplanning.co.uk](http://www.familiesleadingplanning.co.uk)