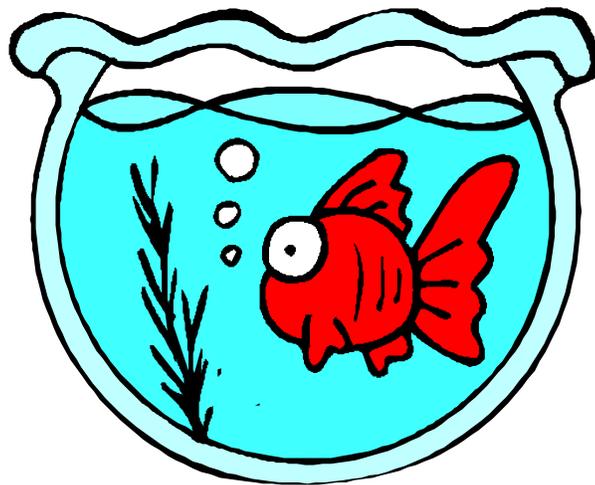




# LEWIS'S PLAN



## Lewis's Plan

Who helped to do Lewis's plan?

Mum

Dad

Stacey - Lewis's sister

Thomas - Lewis's brother

Caroline - Mum's Friend and Boss

Jacob - Caroline's son and my friend

Suzanne - Mum's friend but I really like her

Marcus - my friend

Sharon - Mum's friend, but she always gives me a hug when I see her. So I like her

Auntie Mandy

Nic - my Cousin

Dave - he works with mum but I really like him he makes me laugh.

**Who we still want to talk to...**

Mrs Close - my headmistress

Mr Tarleton - my teacher last year

Mrs Ledson - my teacher last year

Date we started the plan: Monday 11<sup>th</sup> August 2003

Purpose of the plan

So everyone will know me as well as my mum and dad. This is very important to my mum and dad.

## WHO IS IN LEWIS'S LIFE?

### Closest people to Lewis

Mum  , Dad  , Thomas  , Stacey  , Uncle Shaun, Auntie Mandy, Nic.

### Lewis's friends

 , Caroline  , Sharon, Nan, Steven, Mrs. Close, Bethan, Suzanne.

### People paid to be in Lewis's life

Dr Cant, Dr Arkwright, Barbara, Dr Gill, Dr Sood. 

## WHAT WE LIKE AND ADMIRE ABOUT LEWIS

He is like sunshine , he's good company, he's always happy and loves cuddles.

Lewis is strong  and brave, he is strong willed.

He is amazing, sensitive, gentle and loveable. 

He is happy  go lucky, kind, friendly and well mannered.

He has an amazing love of life and lets nothing get him down.

Lewis has a great personality and is a great brother  and cousin.

Lewis has given me inspiration in my life says his brother

 Thomas, he is a brilliant brother.

## IMPORTANT TO LEWIS

Lewis must...

### People and pets

- Have his family  around him, go out for family meals , and just spending time with his family.
- Have lots of cuddles  as he cannot get through a day without them
- Go to school  with Thomas .
- Be with Thomas, and include him, for example if you are going to buy Lewis a gift  he will always ask you to get Thomas a gift  as well.
- See Bethan , at school, she is his best friend and in his class.

- Have his pet rabbits  Smokey, Bugs and Barney with him at home

### Things to do

- Do art and craft  when ever he can
- Collect little trinkets that he can put in his pocket.

- Play rough and tumble with his dad , but only his dad.

- Watch television , his favourite programmes are Charmed, beyblades and any cartoons.

### Places to go

- Go to wide-open spaces like Scotland 

- Going on holiday  s couple of times a year (for example, to Scotland )



- Go for day trips to farms and zoo's but not fairgrounds, as he does not like the hustle and bustle.

### Things to have



- Lucky - his little dog that goes everywhere and does everything with him

### Go at his pace

- For example, if you take Lewis shopping he has to have



regular pit stops , as he cannot walk very far without his legs hurting



- Wake up naturally at weekends, usually this is around 8am.

### Be comfortable and pain free



- Not be cold. Lewis must be wrapped up warm.



- Continue to have his transfusions at home, not the hospital
- Be as pain free from pain as possible.
- Be tucked up like a caterpillar  at bedtime, as he cannot get to sleep otherwise

### About food and drink

- Have milk  every meal

### About celebrations

- Have a homemade birthday cake  for his birthday that is gluten free.

### And...

- Not be around noisy or rowdy children
- Not have fizzy pop

## TO BE SUCCESSFUL IN SUPPORTING LEWIS

### Pace of life

- Make sure that he doesn't over do it, but try to give him



as much freedom as possible. Don't ever stop him from doing anything, he knows his own limitations. You can

advise him, as he will always listen.

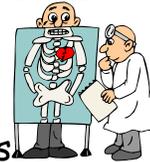


### About health and treatments

- Always be honest with Lewis, if he is going to have a



treatment or any medical tests, explain as much as possible to him. Never say that something's not going to hurt if you know that it will.



- Always make sure that Lewis has his Medic Alert wristband  on, it contains all his medical details.

- Listen to what Lewis tell you, if he says that he doesn't

feel well. Ask him where and why?



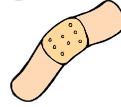


- Try and minimise the amount of injections that he has to have by combining them with his transfusions.
- It is very important when supporting Lewis that if he



comes in contact with chicken pox that you contact Barbara in the Haemophilia department at Pendlebury Childrens Hospital immediately and let her know.

- Always make sure that any cuts or grazes are cleaned thoroughly and a sterile dressing applied.



- Let Lewis rest as much as possible if he says that his



legs are hurting.

## About food

- Lewis must always have a gluten free diet and his



food must be stored and cooked separately from everyone else's.



- Lewis always has jam on his sandwiches on Friday for school.

## Routines

- It is important that Lewis get at least 10 hours

sleep  per night as he tires very quickly during the day. Once you have got Lewis up in the morning encourage him to get ready for school but always be there to give him a little help if needed.

## Generally

- Always give Lewis lots of cuddles  as he cannot get through a day without them and when he says 'the usual' it means kisses and cuddles.

- Always make sure that Lewis has Lucky  with him at all times.

- Talk to him - he likes to chat with his friends , family or anyone who will listen to him.

# COMMUNICATION

What is happening ?	Lewis does	We think it means	And we should.....
Anytime	Does not speak	Lewis is upset 	Give lots of cuddles and try to coax out of Lewis what is wrong.
Anytime	Lewis stamps and leaves the  room	Lewis is angry	Do not laugh at him, let him cool off, he usually comes back after 10mins.
Morning	Lewis says he has a tummy ache, just before school time.	Something or someone has upset him at school  and he doesn't want to go.	Talk to him and find out what has happened, then go to school and sort it out before you leave him.
Mealtime	Lewis says green trees or white  trees	Broccoli  or cauliflower.	

			
Bedtime	<p>Lewis asks to be tucked in like a caterpillar</p> 	<p>He want to be tucked in tight</p>	<p>You must do it or he cannot get to</p>  <p>sleep</p> <p>.</p>
Bedtime	<p>Give Mum/Dad the usual</p> 	<p>Give a kisses and a cuddle</p>	<p>You tell him you will do it.</p>

